

COMMUNITY SCREENING AND CONVERSATION

RESILIENCE

THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE

DECEMBER 6, 2017 – 8:30 AM till NOON

UNIVERSITY OF BRIDGEPORT
JOHN J. COX STUDENT CENTER

We invite you to join Bridgeport Prospers and our community partners for a screening of a film that is revealing a public health issue worthy of our full attention. Together, across community sectors, we can begin to explore how we can work to prevent adverse childhood experiences toward a thriving and prosperous Bridgeport.

ABOUT THE FILM

Researchers have discovered a dangerous biological syndrome caused by stressful experiences during childhood. As the documentary *Resilience* reveals, toxic stress can trigger hormones that wreak havoc on brains and bodies of children, putting them at greater risk for disease, homelessness, prison time and early death. Trailblazers in pediatrics, education and social welfare are using cutting-edge science and field-tested therapies to protect children from the insidious effects of toxic stress- and the dark legacy of a childhood that no child would choose.



“It’s a film that is necessary viewing for a deeper knowledge of what you or others have gone through in life and also serves to enlighten us closer to a greater empathy and understanding for others in our communities”
~ David J. Fowle, *Keeping it Reel*

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